

# IMMUNIZATION RECORD

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For cancer patients, immunizations are especially important because cancer treatments weaken the body's immune system. Immunizations help the body build a resistance to specific diseases.

## Ask your healthcare team which immunizations the you need.

You probably received some immunizations as a child. You will probably need other immunizations that are given annually and probably periodic boosters of other vaccines so that they remain effective. You may also need new immunizations, depending on your health history.

Ask the healthcare team which immunizations are recommended for you. Use this chart to keep track of your immunization record.

| VACCINE                                  | DATE GIVEN | NEXT DUE DATE | COMMENTS/REACTIONS |
|--|------------|---------------|--------------------|
| Flu (Influenza)                          |            |               |                    |
| Td/Tdap (tetanus, diphtheria, pertussis) |            |               |                    |
| Shingles (zoster)* — RZV or ZVL          |            |               |                    |
| Pneumococcal—PCV13                       |            |               |                    |
| Pneumococcal—PPSV23                      |            |               |                    |
| Meningococcal—MenACWY                    |            |               |                    |
| Meningococcal—MenB                       |            |               |                    |
| MMR (measles, mumps, rubella)*           |            |               |                    |
| HPV (human papillomavirus)               |            |               |                    |
| Chicken Pox (varicella)*                 |            |               |                    |
| Hepatitis A                              |            |               |                    |
| Hepatitis B                              |            |               |                    |
| Hib (haemophilus influenzae type b)      |            |               |                    |

\*Vaccines noted with an asterisk are not recommended for patients who have a weakened immune system. If you received these vaccines before the cancer diagnosis, there is no harm done.

People who are receiving cancer treatment should receive the flu shot, but not the nasal spray vaccine because the nasal spray contains the live flu virus. Flu shots are made of the dead virus.

If the you plan to travel outside of the United States, check the recommended vaccines for that location. You may need additional immunizations. Always clear travel with the healthcare team.

Source: Adapted from the Centers for Disease Control and Prevention's *2018 Recommended Immunizations for Adults*.