



Medication Log

It is important to take medications exactly as the doctor prescribes them. A medication log can help you to track your medication schedule and be sure you do not miss a dose. If you do miss a dose, call the prescribing doctor or the pharmacist for instructions. Let your healthcare team know immediately if there are any side effects that result from taking a medicine. Make sure your healthcare team knows about any supplements, vitamins, or over-the-counter medications you take.

Date	Time	Medication	Dosage	Comments