

My Immunization Record

For cancer patients, immunizations are especially important because cancer treatments weaken the body's immune system. Immunizations help your body build a resistance to specific diseases.

Ask your healthcare team which immunizations you need.

You probably received some immunizations as a child. You will probably need other immunizations that are given annually and probably periodic booster of other vaccines so that they will remain effective.

Ask your healthcare team which immunizations are recommended for you.

Use this chart to keep track of your immunization record.

Vaccine	Date Given	Next Due Date	Comments/Reactions
Flu (influenza)			
Td/Tdap (tetanus, diphtheria, pertussis)			
Shingles (zoster)* RZV or ZVL			
Pneumococcal—PV13			
Pneumococcal—PPSV23			
Meningococcal—MenACWY			
Meningococcal—MenB			
MMR (measles, mumps, rubella)*			
HPV (human papillomavirus)			
Chicken Pox (varicella)*			
Hepatitis A			
Hepatitis B			
Hib (Haemophilus influenza type b)			

*Vaccines noted with a star are not recommended for patients with a weakened immune system. If you received these vaccines before your cancer diagnosis, there is no harm done.

People who are receiving cancer treatment should receive the flu shot, but not the nasal spray vaccine because the nasal spray contains live flu virus. Flu shots are made of the dead virus.

If you plan to travel outside of the United States, check the recommended vaccines for where you are going. You may need additional immunizations. Always clear travel with your healthcare team.

Source: Adapted from the Centers for Disease Control and Prevention's [2018 Recommended Immunizations for Adults](#)