

QUESTIONS ABOUT NUTRITION AND CANCER?

WE'RE HERE TO HELP.



PearlPoint Nutrition ServicesSM
provides nutrition education, practical
tips and helpful resources for cancer
patients and their caregivers.



[pearlpoint.org](https://www.pearlpoint.org)



Patients and caregivers may receive a free one-on-one phone or email consultation with a registered dietitian who has expertise in oncology nutrition.

Speak with a registered dietitian to learn:

- Answers to your nutrition questions
- Strategies to improve nutrition and manage side effects
- Tips for meal planning and grocery shopping
- How to care for a loved one during cancer treatment
- Questions to ask your healthcare team
- Additional nutrition resources, both online and in your area

To schedule your nutrition consultation, use the online scheduler at pearlpoint.org or call (877) 467-1936 x 101

For nutrition information 24/7, visit pearlpoint.org to find:

- Nutrition information by cancer diagnosis
- Tips to manage side effects
- Food safety guidelines
- Sample meal plans, snack ideas, and grocery lists
- Caregiver and survivorship resources
- Healthy recipes

PearlPoint's services are available to patients and caregivers of all cancer types, free of charge.

pearlpoint.org | guidance@pearlpoint.org | 877.467.1936

Find us on:



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